



# March



## FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2025

Email [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to register!

### FKCE Workshop Schedule via Zoom Conference

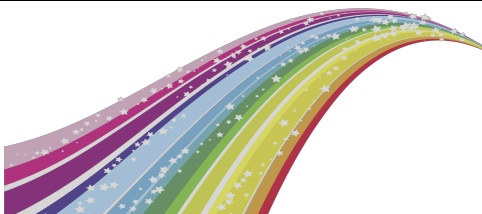
Date	Time	Topic	Trainer
Mon. 3/3/2025	9-11 AM	Parenting Through Different Developmental Stages	Christine Stellino
Mon. 3/3/2025	6-8 PM	Youth and Self-Harming Behaviors	Olivia J. Chavira
Tue. 3/4/2025	9-11 AM	How Foster Care Impacts Child Development	Betty Cowley
Tue. 3/4/2025	9-11 AM	Ayudar a las familias a manejar el estrés <b>SPANISH</b>	Lelia Montiel
Wed. 3/5/2025	6-8 PM	Abusive Behavior: Strategies for Prevention and Intervention	Vanessa Palacios
Thu. 3/6/2025	9-11 AM	Tools for Creating Emotionally Healthy Families	Dr. Wesley Sanders
Fri. 3/7/2025	6-8 PM	ADHD Support Strategies for Foster Parents	Dr. Abram Milton
Mon. 3/10/2025	9-11 AM	Effective Co-Parenting Techniques	Christine Stellino
Mon. 3/10/2025	6-8 PM	Mastering Time Management: Balancing Family and Responsibilities	Olivia J. Chavira
Tue. 3/11/2025	9-11 AM	Therapy: A Resource for Everyone	Betty Cowley
Tue. 3/11/2025	9-11 AM	Efectos de la Crianza Temporal en Nuestros Niños <b>SPANISH</b>	Lelia Montiel
Wed. 3/12/2025	6-8 PM	Trauma-Informed Care: Understanding, Healing, and Support	Vanessa Palacios
Thu. 3/13/2025	9-11 AM	The Importance of Self-Regulation for Children & Parents	Dr. Wesley Sanders
Fri. 3/14/2025	Spring Break		
Mon. 3/17/2025	9-11 AM	Conflict Resolution and Social Skills	Christine Stellino
Mon. 3/17/2025	6-8 PM	Fostering Healthy Sexual Development: Supportive Guidance for Adolescents	Olivia J. Chavira
Tue. 3/18/2025	9-11 AM	Setting Boundaries with Technology Use	Betty Cowley
Tue. 3/18/2025	9-11 AM	Trastorno obsesivo-compulsivo en niños y adolescentes <b>SPANISH</b>	Lelia Montiel
Wed. 3/19/2025	6-8 PM	Understanding Antisocial Behavior and Social Anxiety	Vanessa Palacios
Thu. 3/20/2025	9-11 AM	Embracing Diversity: Transracial Family Dynamics	Dr. Wesley Sanders
Fri. 3/21/2025	6-8 PM	Managing Social Media: A Guide for Parents	Dr. Abram Milton
Mon. 3/24/2025	9-11 AM	Behavior with Positive Discipline: Key Techniques and Practices	Christine Stellino
Mon. 3/24/2025	6-8 PM	Teen Mental Health in School: Challenges and Building Support	Olivia J. Chavira
Tue. 3/25/2025	9-11 AM	Parenting Dynamics: Strategies to Thriving Through the Teenage Years	Betty Cowley
Tue. 3/25/2025	9-11 AM	Convertir Sus Suenos en Titulos <b>SPANISH</b>	Lelia Montiel
Wed. 3/26/2025	6-8 PM	Helping Children Overcome Phobias	Vanessa Palacios
Thu. 3/27/2025	9-11 AM	Safe Surrender Laws: Protecting Infants and Supporting Families	Dr. Wesley Sanders
Fri. 3/28/2025	6-8 PM	Overcoming Doubt: Tackling Imposter Syndrome	Dr. Abram Milton
Mon. 3/31/2025	9-11 AM	Empowering Children to Thrive: Raising Resilient and Resourceful Kids	Christine Stellino
Mon. 3/31/2025	6-8 PM	Understanding Obsessive-Compulsive Personality Disorder (OCPD)	Olivia J. Chavira

**It is REQUIRED to pre-register for each class to receive a meeting ID#.**

The FKCE Program provides quality education, supports opportunities for caregivers of children and youth in-out-of home care so that the providers may meet their educational, emotional, behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email [fkce@barstow.edu](mailto:fkce@barstow.edu)

**You will receive a confirmation email with procedure and details to participate in the class.**

**A certificate will be provided within 5 business days, after completing the class and submitting required paperwork.**



**FOSTER & KINSHIP CARE EDUCATION**

