



# January

## FOSTER & KINSHIP CARE EDUCATION PROGRAM (FKCE) - 2025

Email [FKCE@barstow.edu](mailto:FKCE@barstow.edu) to register!

### FKCE Workshop Schedule via Zoom Conference



Date	Time	Topic	Trainer
Mon. 1/6/2025	9-11 AM	Positive Discipline Technique	Christine Stellino
Mon. 1/6/2025	6- 8 PM	Trauma Informed Parenting	Olivia J. Chavira
Tue. 1/7/2025	9-11 AM	Safe Guard A Child's Identity	Betty Cowley
Tue. 1/7/2025	9-11 AM	Síndrome de estrés postraumático - <b>SPANISH</b>	Lelia Montiel
Wed. 1/8/2025	6- 8 PM	Bullying: Emotional Impact on Youth	Vanessa Palacios
Thu. 1/9/2025	9-11 AM	Positive Father Engagement: Strategies for Healthy Parenting	Dr. Wesley Sanders
Thu. 1/9/2025	6- 8 PM	Understanding Child Abuse and Neglect	Senait Eyasu
Fri. 1/10/2025	6- 8 PM	Addressing Stress in Foster Children	Dr. Abram Milton
Mon. 1/13/2025	9-11 AM	Positive Discipline Technique pt. 2	Christine Stellino
Mon. 1/13/2025	6- 8 PM	Building Self-Regulation Skills: Guidance for Parents and Children	Olivia J. Chavira
Tue. 1/14/2025	9-11 AM	Struggles with Personal Hygiene	Betty Cowley
Tue. 1/14/2025	9-11 AM	Problemas de sueño en los niños - <b>SPANISH</b>	Lelia Montiel
Wed. 1/15/2025	6- 8 PM	Understanding Conduct Disorder: Intervention and Support	Vanessa Palacios
Thu. 1/16/2025	9-11 AM	The Sexualized Child in Foster Care	Dr. Wesley Sanders
Thu. 1/16/2025	6- 8 PM	Understanding: Child Abuse and Neglect pt. 2	Senait Eyasu
Fri. 1/17/2025	6- 8 PM	Setting and Maintaining Healthy Boundaries	Dr. Abram Milton
Mon. 1/20/2025	<b>Holiday: Martin Luther King Jr Day</b>		
Tue. 1/21/2025	9-11 AM	LGBTQ+ Youth: Navigating Identity, Support, and Advocacy	Betty Cowley
Tue. 1/21/2025	9-11 AM	Cómo ayudar a niños y adolescentes afrontar la ansiedad social - <b>SPANISH</b>	Lelia Montiel
Wed. 1/22/2025	6- 8 PM	Eating Disorders in Foster Care	Vanessa Palacios
Thu. 1/23/2025	9-11 AM	Managing Tantrums and Meltdowns in Children	Dr. Wesley Sanders
Thu. 1/23/2025	6- 8 PM	Understanding Child Abuse and Neglect pt.3	Senait Eyasu
Fri. 1/24/2025	6- 8 PM	Guiding a Foster Child with Bipolar Disorder	Dr. Abram Milton
Mon. 1/27/2025	9-11 AM	Raising Resilient Children	Christine Stellino
Mon. 1/27/2025	6- 8 PM	The Early Years: Development and Care for Non-School-Aged Children	Olivia J. Chavira
Tue. 1/28/2025	9-11 AM	Working with Your Social Worker	Betty Cowley
Tue. 1/28/2025	9-11 AM	Tratamiento y abuso de sustancias en adolescentes - <b>SPANISH</b>	Lelia Montiel
Wed. 1/29/2025	6- 8 PM	Effective Discipline Strategies: Tools for Positive Parenting	Vanessa Palacios
Thu. 1/30/2025	9-11 AM	Choices, Consequences, and Responsibility	Dr. Wesley Sanders
Thu. 1/30/2025	6- 8 PM	Understanding Child Abuse and Neglect pt.4	Senait Eyasu
Fri. 1/31/2025	6- 8 PM	Promoting Healthy Development in Foster Children	Dr. Abram Milton

**It is REQUIRED to pre-register for each workshop to receive a Zoom meeting ID#.**

The FKCE Program provides quality education, supports opportunities for caregivers of children and youth in out-of-home care so that providers may meet their educational, emotional, and behavioral needs. Services are open to the public (16+ years) at no cost. For questions or more information please email [fkce@barstow.edu](mailto:fkce@barstow.edu)

**You will receive a confirmation email with procedure and details to participate in the workshop.**

**A certificate will be provided within 5 business days. after completing workshop and submitting required paperwork.**

